Abstract

Background: Among all bacterial species in the genus Legionella, Legionella pneumophila is responsible for 90% of Legionella infections in humans. Putative virulence genes are the main factors in pathogenesis of L. pneumophila. The aim of this study was to determine the incidence of L. pneumophila in the bronchoalveolar lavages of patients hospitalized due to respiratory tract infections as well as study the distribution of lepA, lidA, ralF, rtxA and lvhB virulence factors in bacterial strains.

Methods: One hundred fifty BAL samples were collected from patients who were referred to several Iranian health centers. Samples were cultured and those that were L. pneumophila positive were subjected to PCR method targeting the 16S rRNA gene. Samples positive for Legionella were analyzed for presence of latent virulence factors.

Results: Thirteen out of 90 male BAL samples (14.4%) and 5 out of 60 female BAL samples (8.3%) were positive for L. pneumophila (P =0.046). Patients older than 50 years had the highest incidence of L. pneumophila (20%), while patients younger than 15 years old had the lowest (4.16%) (P =0.017). All patients positive for L. pneumophila had fever, while the distribution of cough, dyspnea, chest pain and headache were 77.7%, 77.7%, 66.6% and 44.4%, respectively. The most commonly detected virulence factors among L. pneumophila isolates were lidA (50%) and ralF (27.77%).
Background
Respiratory Tract Infections (RTIs) are the most common, and possibly most severe clinically infectious diseases. There were 3,084 deaths attributable to RTIs and pneumonia in recent years in developed countries like Australia [1]. RTIs accounted for a total of 43,953 hospital admissions with an average length of stay of 6.3 days [1]. RTIs are usually caused by viruses, however the roles of bacteria are also significant. One of the most commonly considered pathogens in the cases of RTIs and pneumonia is Legionella species (Legionella spp.). Although several species of the genus Legionella were subsequently identified in the cases of RTIs, *Legionella pneumophila* (*L. pneumophila*) is the most frequent cause of human legionellosis or Legionnaires Disease (LD) and also a comparatively common cause of community-acquired and nosocomial pneumonia in adults [2]. In children, *L. pneumophila* is also a significant, although quite scarce, cause of pneumonia. It has been estimated that 18,000 patients are admitted annually in the United States due to the LD which is quite significant [3].

*L. pneumophila* are gram-negative, fastidious and aerobic bacilli, catalase-positive, heterotrophic, motile, non-fermentative and urease and nitrate negative bacterium [4]. RTIs caused by this bacterium are usually known by fever, confusion, headache, abdominal pain, diarrhea, chills, and myalgia as well as a non-productive cough [5]. Mortality rate of *L. pneumophila* RTIs is reported to be 15-25% [5, 6].

Most outbreaks and sporadic cases of RTIs caused by *L. pneumophila* have been attributed to presence of certain virulence factors. The products of genes are involved in the initial attachment to host cells and early stages of intracellular infection like the pore formation protein *rtxA* [7]. Another group of genes are those required for bacterial survival and intracellular replication like a number of effectors including *raf*, *lidA* and *lepA* [8]. Legionella vir homolog (*lvh*) is a type IV secretion system involved in conjugation [8, 9]. Another important virulence factor is *legAS4*. *LegAS4* contained an active SET domain that methylated H3. Previous bioinformatics efforts have identified *LegAS4* as a putative secreted effector owing to the presence of a eukaryotic specific ankyrin repeat domain [7-9]. The amino terminus of *LegAS4* also contained a SET domain and tandem nuclear localization signals (NLS). *LegAS4* was efficiently translocated from *L. pneumophila* into host macrophages.

The epidemiology and prevalence of *L. pneumophila* and its virulence factors in BAL samples are essentially unknown in Iran. From a clinical, microbiological and epidemiological perspective, it is important to know the exact prevalence of *L. pneumophila* among clinical samples taken from patients suffering from RTIs. It is also important to know

**Conclusion:** Results indicate that sex and age of patients and climate conditions may constitute risk factors for incidence of *L. pneumophila*. Due to the high prevalence of *L. pneumophila*, wide-ranging amendments should be done in the principles of clinical care in some Iranian hospitals.

**Keywords**
*Legionella pneumophila*, Prevalence, Broncho Alveolar Lavages, Respiratory infections, Risk factors
which virulence genes are present in *L. pneumophila* strains of RTIs. The above goals were addressed in the present investigation.

**Methods**

**Samples**

From November to March 2013, a total of 150 Broncho Alveolar Lavage (BAL) samples were collected from patients suffering from RTIs using bronchoscopy. Patients were referred to some Iranian health centers including Baqiat-Allah hospital (Tehran, Iran), Hajar Hospital (Shahrekord, Iran) and some educational hospitals of Iran in Isfahan, Tehran, Shiraz and etc. At the time of sampling, information about the age, sex and clinical symptoms of the patients were recorded. Ten ml of each sample was immediately transferred to a sterile falcon tube containing ice and was immediately transferred to the Biotechnology Research Center of the Islamic Azad University of Shahrekord.

**Bacterial isolation**

Prior to culture, BAL samples were centrifuged for 15 min at 2,500 rpm, and the top 7.5 ml of the resulting suspension was removed. The remaining cell concentrate was mixed and used for culture. Aliquots of 100 µL of prepared samples were spread on duplicate plates of αBCYE selective medium Agar (Difco Laboratories, Detroit, Mich., USA) and to plates containing L-cysteine (0.44mg mL⁻¹), ferric pyrophosphate (0.250 mg mL⁻¹), glycine (3.0 gL⁻¹), vancomycin (0.0025 mg mL⁻¹) and polymyxin B (0.006 mgmL⁻¹), which are named αBCYE-GVP selective agar medium. Plates were incubated at 37ºC in a humidified atmosphere without CO₂ during 5 days. Colonies with the typical ground glass appearance of Legionella were sub cultured on two non-selective media, sheep-blood agar and αBCYE agar without L-cysteine. Colonies that grew on αBCYE-GVP but not on non-selective media were considered putative Legionella strains, and were Gram stained and subcultured on a selective medium. The identification of putative Legionella strains as *L. pneumophila* was carried out using Legionella specific latex reagents (Oxoid, Hampshire, England) and direct immunofluorescence assay with poly clonal rabbit sera (m-Tech Alpharetta, Ga., USA).

**DNA extraction and PCR amplification for 16S ribosomal RNA gene**

*L. pneumophila* isolates were submitted to DNA extraction using the DNA extraction kit (Fermentas, Germany), according to the manufacturer’s instructions. Set of novel primers for 16S ribosomal RNA (16S rRNA) gene of the *L. pneumophila* was designed by authors. Recorded sequences of the 16S rRNA gene of the *L. pneumophila* have been gotten from the GenBank database of the National Center for Biotechnology Information (NCBI) (ACCESSION AB811078). The CLS sequence viewer software (Version 6/4) has been used for alignments of the 16S rRNA gene. Forward and reverse primers have been designed based on the protected area in these sequences. Thermodynamic properties of designed primers were studied using the Gene Runner software (Version 3.05). In order to ensure the specificity of designed primers, the Basic Logical Alignment Search Tool (BLAST) service, has been used. The extracted DNA of each sample was kept frozen at -20°C until used. Primer sequences used for PCR, *Legionella*-F: 5’ GCTAATACCGCATAATGTTCTGAGG-3’ and *Legionella*-R: GGTGCTTCTGTGGGTAACG-3’ were designed from 16S ribosomal RNA gene of Legionella (ACCESSION AB811078). PCR reactions were performed in a total volume of 25 µL, including 1.5 mM MgCl₂, 50 mM KCl, 10 mM Tris-HCl (pH 9.0), 0.1% Triton X-100, 200 µM dNTPs each (Fermentas, Germany), 25 pmoL of each primers, 1.5 U of Taq DNA polymerase (Fermentas, Germany), and 3 µL (40-260 ng/µL) of DNA. The samples were placed in a thermal cycler (Mastercycler gradient, Eppendorf, Germany) with...
an initial denaturation step at 95°C for 5 min, then amplified for 30 cycles of denaturation at 94°C for 1 min, annealing at 62°C for 1 min, extension at 72°C for 1 min and final extension step at 72°C for 5 min.

Detection of virulence factors of
Legionella pneumophila

Table 1 lists the primers used for detection of *lepA*, *lidA*, *ralF*, *rtxA* and *lvhB* virulence factors of *L. pneumophila* and program and the condition for each.

Table 1. 

<table>
<thead>
<tr>
<th>PCR Volume (50µL)</th>
<th>Primer sequence (5’-3’)*</th>
<th>PCR product (bp)</th>
<th>PCR programs</th>
<th>PCR Volume (50µL)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>lepA</strong></td>
<td>F: GTTGGGCACTACAGTTATCTTCC&lt;br&gt;R: GTTAGTTACTACGGTTTCAATAGCAC</td>
<td>354</td>
<td>1 cycle: 95 0C ----------- 5 min. 30 cycle: 94 0C ----------- 50 s 590C ----------- 1 min 72 0C ----------- 1 min 1 cycle: 72 0C ----------- 5 min</td>
<td>5 µL PCR buffer 10X 2 mM Mgcl2 150 µM dNTP (Fermentas) 0.75 µM of each primers F &amp; R 1.5 U Taq DNA polymerase (Fermentas) 3 µL DNA template</td>
</tr>
<tr>
<td><strong>lidA</strong></td>
<td>F: CACAGGCTAAGGAAGACAAGAGGC&lt;br&gt;R: TAATTTCTTGGACTTTTTCCGAG</td>
<td>270</td>
<td>1 cycle: 94 0C ----------- 6 min. 30 cycle: 95 0C ----------- 30 s 640C ----------- 1 min 72 0C ----------- 55 s 1 cycle: 72 0C ----------- 7 min</td>
<td>5 µL PCR buffer 10X 2 mM Mgcl2 150 µM dNTP (Fermentas) 0.75 µM of each primers F &amp; R 1.5 U Taq DNA polymerase (Fermentas) 3 µL DNA template</td>
</tr>
<tr>
<td><strong>ralF</strong></td>
<td>F: ACCAGCCCAGGATAGAATCTAC&lt;br&gt;R: ATAGTAGCTTTGTCGGATGTTTG</td>
<td>230</td>
<td>1 cycle: 95 0C ----------- 5 min. 30 cycle: 94 0C ----------- 1 min 620C ----------- 1 min 72 0C ----------- 55 s 1 cycle: 72 0C ----------- 10 min</td>
<td>5 µL PCR buffer 10X 2 mM Mgcl2 200 µM dNTP (Fermentas) 0.5 µM of each primers F &amp; R 1.5 U Taq DNA polymerase (Fermentas) 3 µL DNA template</td>
</tr>
<tr>
<td><strong>rtxA</strong></td>
<td>F: ATTGGTTTTTCAGGTATCATCAAC&lt;br&gt;R: ATTCGGTTAGTACTAATAGGCTTG</td>
<td>265</td>
<td>1 cycle: 95 0C ----------- 5 min. 30 cycle: 94 0C ----------- 1 min 620C ----------- 1 min 72 0C ----------- 1 min 1 cycle: 72 0C ----------- 6 min</td>
<td>5 µL PCR buffer 10X 2 mM Mgcl2 150 µM dNTP (Fermentas) 0.75 µM of each primers F &amp; R 1.5 U Taq DNA polymerase (Fermentas) 3 µL DNA template</td>
</tr>
<tr>
<td><strong>lvhB</strong></td>
<td>F: GTCAAACAACCTTCATTCAAAAACC&lt;br&gt;R: GGCAATAAATTCACAATCCAGAG</td>
<td>272</td>
<td>1 cycle: 95 0C ----------- 5 min. 30 cycle: 94 0C ----------- 1 min 60 0C ----------- 1 min 72 0C ----------- 55 s 1 cycle: 72 0C ----------- 5 min</td>
<td>5 µL PCR buffer 10X 2.5 mM Mgcl2 200 µM dNTP (Fermentas) 0.5 µM of each primers F &amp; R 2 U Taq DNA polymerase (Fermentas) 3 µL DNA template</td>
</tr>
</tbody>
</table>
reaction. A DNA thermo-cycler (Mastercycler gradient, Eppendorf, Germany) was also used in all PCR reactions.

Gel electrophoresis
The PCR amplification products (10 μl) were subjected to electrophoresis in a 1% agarose gel in 1X TBE buffer at 80 V for 30 min, stained with ethidium bromide, and images were obtained in a UVIdoc gel documentation system (UK). The PCR products were identified by 100 bp DNA size marker (Fermentas, Germany). A DNA of *L. pneumophila* ATCC 33152 was used as positive control and DNA of a laboratory isolate strain of *E. coli* as negative control.

Sequencing
In order to confirm the PCR results, the sequencing method was used. For this reason, PCR products of some positive samples were purified with High pure PCR product purification kit (Roche Applied Science, Germany) according to manufacturer’s recommendations. Single DNA strands were sequenced with ABI 3730 XL device and Sanger sequencing method (Macrogen, Korea). Result of the sequence of each gene was aligned with the gene sequences recorded in the GenBank database located at NCBI.

Statistical analysis
The data were analyzed using SPSS (Statistical Package for the Social Sciences) software and P values were calculated using Chi-square and Fisher’s exact tests to identify statistically significant relationships for the distribution of *L. pneumophila* and putative genes between various studied groups of patients. A P value < 0.05 was considered statistically significant.

Ethical issues
The present study was authorized by the ethical committee of the education health care centers of the Shahrekord city, Iran, and the Biotechnology Research Center of the Islamic Azad University of Shahrekord Branch, Iran. All patients or their parents signed the written informed consent.

Results and discussion
Table 1 shows the distribution of *L. pneumophila* in patients suffering from respiratory infections. Of 150 BAL samples studied, 18 samples (12%) were positive for *L. pneumophila*. In the other hand, 13 out of 90 male BAL samples (14.4%) and 5 out of 60 female BAL samples (8.3%) were positive for *L. pneumophila*. There were significant differences (P =0.046) in the incidence of *L. pneumophila* between male and female patients. We found that the over 50 years old patients had the highest incidence of *L. pneumophila* (20%), while the less than 15 years old children had the lowest incidence (4.1%). There also were significant differences (P =0.017)

### Table 2. Total distribution of *L. pneumophila* in the BAL samples of male and female patients with respiratory infections.

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age (Year)</th>
<th>No. samples collected</th>
<th>Distribution of <em>L. pneumophila</em> (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>15&gt;</td>
<td>12</td>
<td>1 (8.33)</td>
</tr>
<tr>
<td></td>
<td>15-30</td>
<td>22</td>
<td>2 (9.09)</td>
</tr>
<tr>
<td></td>
<td>30-50</td>
<td>26</td>
<td>4 (15.38)</td>
</tr>
<tr>
<td></td>
<td>50&lt;</td>
<td>30</td>
<td>7 (23.33)</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>90</td>
<td>13 (14.44)</td>
</tr>
<tr>
<td>Female</td>
<td>15&gt;</td>
<td>12</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>15-30</td>
<td>14</td>
<td>-</td>
</tr>
<tr>
<td></td>
<td>30-50</td>
<td>14</td>
<td>1 (14.28)</td>
</tr>
<tr>
<td></td>
<td>50&lt;</td>
<td>20</td>
<td>3 (15)</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>60</td>
<td>5 (8.33)</td>
</tr>
<tr>
<td>Total</td>
<td>15&gt;</td>
<td>24</td>
<td>1 (4.16)</td>
</tr>
<tr>
<td></td>
<td>15-30</td>
<td>36</td>
<td>2 (5.55)</td>
</tr>
<tr>
<td></td>
<td>30-50</td>
<td>40</td>
<td>5 (12.5)</td>
</tr>
<tr>
<td></td>
<td>50&lt;</td>
<td>50</td>
<td>10 (20)</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td>150</td>
<td>18 (12)</td>
</tr>
</tbody>
</table>
in the incidence of *L. pneumophila* between young and old patients.

Total incidence of *L. pneumophila* based on the clinical signs of patients is shown in **Table 3**. We found that all of the positive patients had fever, while 7.6% of male patients had nausea. The most commonly recorded clinical signs in patients suffered from respiratory infections caused by *L. pneumophila* were cough (77.7%), dyspnea (77.7%), chest pain (66.6%) and headache (44.4%). There were no female patient with nausea and myalgia. We found a statistically significant association between the incidence of fever and abdominal pain (P = 0.009), cough and nausea (P = 0.012), chest pain and diarrhea (P = 0.035) and dyspnea and myalgia (P = 0.019) in patients infected with *L. pneumophila*.

**Table 3.** Total Distribution of *L. pneumophila* with respect to the various clinical symptoms.

<table>
<thead>
<tr>
<th>Gender</th>
<th>Total positive for <em>L. pneumophila</em> (%)</th>
<th>Male</th>
<th>Female</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fever</td>
<td></td>
<td>13 (100)</td>
<td>5 (100)</td>
<td>18 (100)</td>
</tr>
<tr>
<td>Cough</td>
<td></td>
<td>10 (76.92)</td>
<td>4 (80)</td>
<td>14 (77.77)</td>
</tr>
<tr>
<td>Chest pain</td>
<td></td>
<td>8 (61.53)</td>
<td>4 (80)</td>
<td>12 (66.66)</td>
</tr>
<tr>
<td>Dyspnea</td>
<td></td>
<td>10 (76.92)</td>
<td>4 (80)</td>
<td>14 (77.77)</td>
</tr>
<tr>
<td>Headache</td>
<td></td>
<td>5 (38.46)</td>
<td>3 (60)</td>
<td>8 (44.44)</td>
</tr>
<tr>
<td>Diarrhea</td>
<td></td>
<td>3 (23.07)</td>
<td>1 (20)</td>
<td>4 (22.22)</td>
</tr>
<tr>
<td>Nausea</td>
<td></td>
<td>1 (7.69)</td>
<td>-</td>
<td>1 (5.55)</td>
</tr>
<tr>
<td>Abdominal pain</td>
<td></td>
<td>3 (23.07)</td>
<td>1 (20)</td>
<td>4 (22.22)</td>
</tr>
<tr>
<td>Myalgia</td>
<td></td>
<td>2 (15.38)</td>
<td>-</td>
<td>2 (11.11)</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>13 (14.44)</td>
<td>5 (8.33)</td>
<td>18 (12)</td>
</tr>
</tbody>
</table>

Results of the gel electrophoresis for identification of putative virulence factors in the *L. pneumophila* isolates are shown in **Figure 1-4. Table 4** shows the distribution of putative virulence factors in patients suffering from *L. pneumophila* respiratory infections. The most commonly detected virulence factors among *L. pneumophila* isolates were *lidA* (50%), followed by *ralF* (27.7%). Totally, males had a higher incidence of virulence factors than females but there were no statistically significant differences between these two groups. There were significant differences between the incidence of *lidA* and *lepA* (P = 0.028), *lidA* and *ralF* (P = 0.042), *lidA* and *rtxA* (P = 0.021) and *lidA* and *lvhB* (P = 0.033) virulence factors.

The incidence of *L. pneumophila* and its putative virulence factors in the BAL samples of patients suffering from RTIs has been investigated in the present study. Results showed that 14.4% of male and 8.3% of female patients were infected with *L. pneumophila*. One possible explanation for the higher prevalence of *L. pneumophila* in male than female patients is that men usually have more contact with the external contaminated environment. They work outside the house but women usually stay at home and are not in close contact with outside. In fact, most of the Iranian women prefer to work at home. In a study conducted by Ngeow et al. (2005) [10] 1800 patients were analyzed for presence of respiratory pathogens. Totally, 1756 patients with a diagnosis of CAP were enrolled in their investigation, comprising 1263 adults and 493 children. Total prevalence of respiratory patho-

**Table 4.** Distribution of *L. pneumophila* in the BAL samples of hospitalized male and female patients with and without history of smoking.

<table>
<thead>
<tr>
<th>Types of samples (No samples)</th>
<th>No. positive (%)</th>
<th>Distribution of putative virulence factors (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td><em>lepA</em></td>
</tr>
<tr>
<td>Male (90)</td>
<td>13 (14.44)</td>
<td>2 (15.38)</td>
</tr>
<tr>
<td>Female (60)</td>
<td>5 (8.33)</td>
<td>-</td>
</tr>
<tr>
<td>Total (150)</td>
<td>18 (12)</td>
<td>2 (11.11)</td>
</tr>
</tbody>
</table>
Figure 1: Results of the gel electrophoresis for identification of \textit{ralF} and \textit{lepA} genes of the \textit{L. pneumophila} strains. M: 100 bp DNA ladder (Fermentas, Germany), Line 1: Positive control, Line 2: Positive sample for \textit{ralF} gene (230 bp), Line 3: Positive control and Line 4: Positive sample for \textit{lepA} gene (354 bp).

Figure 2: Results of the gel electrophoresis for identification of \textit{lvhB} gene of \textit{L. pneumophila} in BAL samples, M:100 bp DNA ladder (Fermentas, Germany), Lane 1: Positive control, 2: Positive samples for \textit{lvhB} gene (272 bp) and Line 4 3: Negative control.

Figure 3: Results of the gel electrophoresis for identification of \textit{lidA} gene of \textit{L. pneumophila} in BAL samples, M:100 bp DNA ladder (Fermentas, Germany), Lane 1: Positive control, 2: Positive samples for \textit{lidA} gene (270 bp band) and Line 3: Negative control.

Figure 4: Results of the gel electrophoresis for identification of \textit{rtxA} gene of \textit{L. pneumophila} in BAL samples, M:100 bp DNA ladder (Fermentas, Germany), Lane 1: Positive control, Line 2: Positive samples for \textit{rtxA} gene (265 bp band) and Line 3: Negative control.
gens in the male and female patients of adults and children groups were 537 and 389 and 245 and 203, respectively which showed a higher incidence of respiratory pathogens in male patients. Similar results have been reported by Nagalingam et al. (2005) [11] and Amemura-Maekawa et al. (2010) [12]. These differences observed between the two sexes are consistent with animal and human studies [13]. Smoking and alcoholism are commonly acknowledged to be predisposing factors for legionellosis [14]. Smoking and alcoholism are more prevalent in male than female in Iran. Our results showed that 10 out of 13 male (76.92%) and 3 out of 5 female (60%) patients had the history of smoking in their life.

Total incidence of *L. pneumophila* in the BAL samples of our study were 12% (18/150). Climatic variables such as heat, thunderstorms and rain, together with variable barometric pressure may have affected the patients’ autonomic nervous systems and causes to high incidence of *L. pneumophila* in our study. These variables might affect immunity, thus making people more susceptible to infections. Alternatively, the higher prevalence of *L. pneumophila* may be related to cold climate of the study region. The samples of our study were also collected from November to March which were the cold months of the year in Iran. Environmental factors such as high humidity and increased rainfall also increase the risk for legionellosis [15]. Herrera-Lara et al. (2013) [16] suggested that the highest incidence of community acquired pneumonia was in the cold seasons of the year. Another explanation for the high incidence of *L. pneumophila* in our study is that some health guidelines may have been ignored in Iranian hospitals.

Total prevalence of *L. pneumophila* in the clinical samples of our study were 12% which was higher than the results of Ghotaslou et al. (2013) (Iran, 2.85%) [17] and Bozzoni et al. (1995) (Switzerland, 5.1%) [18], while was lower than the results of Yu et al. (2008) (Taiwan, 19%) [19], Chaudhry et al. (2000) (India, 13%) [20], and Azara et al. (2006) (Italy, 26%) [21]. Lim et al. (2001) [22] reported that of 309 patients hospitalized due to Community Acquired Pneumonia (CAP) 135 (50.60%) were men and the prevalence of *L. pneumophila* was 3%. A total of 202 patients hospitalized with a diagnosis of CAP were enrolled in a Korean study and 3 samples (2.4%) were positive for *L. pneumophila* which also was lower than our results [23]. Total incidence of *L. pneumophila* in Southeast Asia was 0.28 cases per 100,000 population (0.1%) [24], while its incidence among European countries were 1.18% (100,000 cases in 2008) [25]. The above investigations highlight large differences in the prevalence of *L. pneumophila*. This could be related to differences in the type of sample (BAL, water of hospital, stool, blood, urine, and other clinical samples) tested, number of samples, method of sampling, season of sampling, experimental methodology, geographical area, and climate differences in the areas where the samples were collected, which would have differed between each study.

Our results also showed that patients older than 50 years had the highest incidence of *L. pneumophila* (20%), while patients younger than 15 years old had the lowest incidence (4.1%). Nagalingam et al. (2005) [11] reported that hospitals, gender and ethnicity did not significantly (P>0.05; chi-squared) affect the seroprevalence of *L. pneumophila*. However, Sopena et al. (2007) [26] showed that elderly patients with CAP caused by *L. pneumophila* had a higher frequency of underlying comorbidities and presented less frequently with fever and classical non respiratory symptoms and laboratory abnormalities of Legionnaires’ disease than younger patients.

Among 18 positive patients for *L. pneumophila* in our study, the distribution of fever, cough, chest pain, dyspnea, headache, diarrhea, nausea, abdominal pain and myalgia were 100%, 77.7%, 66.6%, 77.7%, 44.4%, 22.2%, 22.2%, 22.2% and 11.1%, respectively. These symptoms have been reported...
previously as a common clinical signs of legionellosis caused by *L. pneumophila* [27]. Chon Lam et al. (2011) [24] reported that the main clinical features of reported cases of RTIs caused by *L. pneumophila* were cough (77.9%), fever (72.7%), shortness of breath (32.5%), chest pain (13.3%) and nausea (11.8%) which was similar to our results.

To date, there were no exclusive investigation on the molecular detection of virulence factors among clinical isolates of *L. pneumophila* in Iran. The results of our study showed that the distribution of *lepA*, *lidA*, *ralF*, *rtxA* and *lvhB* virulence genes were 11.1% (2/18), 50% (9/18), 27.7% (5/18), 5.5% (1/18) and 16.6% (3/18) with the higher prevalence in male patients with the exception of *ralF* and *lvhB* gene. Huang et al. (2006) [28] showed that the incidence of *lvh* and *rtxA* genes in patients with clinical manifestations of *L. pneumophila* were 57.6% and 64.4%, respectively. *RtxA* positive strains of *L. pneumophila* have been shown to have a high capability to enter to monocytes and epithelial cells, and increased cytotoxicity and intracellular duplication [7]. An isolate with the *rtxA* gene would have improved abilities for attachment, intracellular growth and cytotoxicity. Consequently, isolates bearing either *lvh* or *rtxA*, or both, seem to be more virulent. Therefore, they could be considered as indicators of the infection potential of an isolate. Presence of *lepA*, *lidA*, *ralF*, *rtxA* and *lvhB* virulence genes is essential for the existence and growth of *L. pneumophila* in macrophages, for avoidance of phagosome acidification and lysosome fusion and is necessary for instruction of apoptosis in human macrophages [29, 30].

**Conclusions**

In conclusion, we identified a large number of positive samples (12%) in *L. pneumophila* isolated from BAL samples of patients with RTIs in Iranian health centers. Marked sexual and age-dependent variation in the distribution of *L. pneumophila* were also found. Higher levels of health care and diagnostics should be performed on elder male patients with clinical signs of fever, cough, dyspnea, chest pain, headache and diarrhea who are referred to hospitalization in cold months of the year. In fact, sex, season and certain clinical signs are risk factors for legionellosis caused by *L. pneumophila*. In an overall view, bacterial strains of our study harbored several virulence factors i.e. *lepA*, *lidA*, *ralF*, *rtxA* and *lvhB*. Therefore, virulent *L. pneumophila* should be diagnosed rapidly and carefully. This is the first molecular identification of virulence factors in *L. pneumophila* strains of RTIs in Iran. Our results represents higher amounts of *lidA* (50%) and *ralF* (27.77%) virulence factors in bacterial isolates. More complementary studies in larger groups of *L. pneumophila* strains are necessary to confirm our finding.

**Competing interests**

The authors declare that they have no competing interests.

**Author’s contribution**

All authors were participated on sample collection and DNA extraction. The primers sequence alignment, writing and drafting the manuscript were performed by FK, FAF and AD. All authors read and approved the final manuscript.

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